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Women's Lacrosse Marches On

By Thomas Scavetta

Assistant Sports Editor

Things continue to look better for the fourth-ranked women's lacrosse team (7-1) as they inked another pair of wins to extend their winning streak to six games. In their first game on Wednesday, March 23, they smothered Molloy College by a score of 16-6, in an East Coast Conference collision at Bethpage Federal Credit Union Stadium in Brookville, N.Y.

In what was another impressive start, the Pioneers jumped out of the gates early and took a commanding 4-0 lead in the first seven minutes of action. The stretch was capped off by junior attacker Stefani Vagelatos who scored an unassisted goal at the 23-minute mark.

Molloy would split the deficit midway through the opening stanza, but the Pioneers offense soared for five consecutive goals within seven minutes to go up 9-2. Junior attacker Connor Bird led the charge, notching two scores for the Green and Gold.

After leading 9-3 at the break, the Pioneers continued the offensive assault by scoring six out of the next eight goals to grab a comfortable 15-5 edge. The hosts never looked back, as senior attacker Emily Delaney and junior defender/midfielder Cara Douglas sealed the deal; combining for three scores in the final minutes of the contest.

Vagelatos, Delaney and Bird all racked up five points apiece. In addition, senior midfielder/defender Honey Roche won a gamehigh eight draws and caused one turnover. Defensively, sophomore goalkeeper Olivia Kirk was a force, rejecting seven shots, picking up four ground balls and causing a pair of turnovers.

Momentum carried over for the Pioneers as they tumbled over Holy Family



KHADIJAH SWANI

Senior defender Brittany Smith accelerating past the opponent

University (0-8), 18-6 on Saturday, March 26, behind the lights of Delaney, who totaled a career-high 11 points (4 G, 7 A) in a non-conference matchup at Tiger Field in Philadelphia, PA.

Roche had another solid outing with five points (4 G, 1 A) as freshman Ryan McK-inney continued to impress, scoring three goals for the Pioneers. Tied at one with under 20 minutes remaining in the opening period, the Pioneers went on a 7-1 run to carry an 8-2 lead into the break. McKinney and red-shirt junior attacker

Alexis Newman scored two goals each during that juncture.

In the second half, Holy Family scored first, but it was all Pioneers from that point

on. The Pioneers responded with a vengeance; closing out the game on a 10-2 run. Roche accounted for four tallies to lead the Pioneers during the latter stanza.

The Pioneers balanced attack continued to shine as they held a heavy margin in shots (40-16) and caused 21 turnovers. Between the pipes, Kirk and senior goalie Kasey Kephart totaled six stops for the Green and Gold. For the Tigers, goalkeeper Grace Deckert made 14 saves.

Head Coach Meghan McNamara and her team return to action Saturday, April 2, when they host ==top-ranked Adelphi University at Bethpage Federal Credit Union Stadium. Opening draw is slated for 1 p.m.

Pick up the last print issue of The Bottom Line, LIU Post's student magazine, before it moves online. On the racks Wednesday, April 6

GREEK WEEK



Greek Week, a time in which all fraternities and sororities on campus come together for a fun-filled dose of healthy competition. This year, each organization will be flying solo — last year the groups were split up into three teams — competing in a number of events. The week will start with a campus-wide marathon on Saturday, April 2, where ten members from each org must participate in a relay race, completing different tasks along the way. On Sunday, April 3, the Greeks will test their endurance at the Medal of Honor Challenge; extra points will be awarded if a Greek team takes first place. Monday night, April 4, will feature an epic sing-off, each group taking the stage to perform an original skit. Tuesday's schedule, on April 5, will test the smarts and skills of LIU Post's Greeks, as they will participate in Jeopardy, water olympics, and dodgeball. Wednesday during common hour, the Greeks will eat their way to victory, stuffing their faces for multiple eating contests. Then Wednesday night, April 6, the all-important Greek God and Goddess competition unfolds; one member from each org will be judged in four categories in order to win the coveted crowns. The week wraps up on Thursday, April 7, at a banquet ceremony where the winner of Greek Week will be announced. Good luck, Greeks!

– Alyssa Seidman

CORRECTIONS

The Pioneer has learned that there were inaccuracies in the article entitled "New Environmental Sustainability Program," by Joseph Iemma, that was published in the March 23 edition. The Pioneer strives to fully and accurately report all articles, and apologizes for any discrepancies that may have existed. A fully corrected version of the article will be published online next week.

Send your feedback to: liupostpioneer@gmail.com

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Quiet on Set

By Brian Riley

Co-News Editor

On two separate occasions this month LIU has served as the set to two television productions. From March 2 to March 9, NBC's crime/drama television series, "Blindspot," and on March 24 and March 25 "True Crime with Aphrodite Jones," was filmed, which airs on Investigation Discovery. Most of the shooting was done in either Humanities Hall or Pratt Recreation Center.

Specifically for "Blindspot" throughout the days of filming there was simulated gunfire, and several other action sequences being recorded. Students were made aware of the action scenes being filmed on campus through an alert sent to students e-mail accounts. "Blindspot" is about a woman who was found naked in Times Square, her body is covered with tattoos, but she has no recollection of how she got them or how she got there, according to nbc.com. From there, the story unfolds as the woman, Jane Doe and the FBI follow a trail of clues found through her tattoos. The cast includes; Sullivan Stapleton from "300: Rise of an Empire," and "Strike Back", Jaimie Alexander from "Thor: The Dark World," and Marianne Jean-Baptiste from "Without a Trace."

On the other hand, "True Crime with Aphrodite Jones" only filmed for two days, and did not require any alerts. This show is about Aphrodite Jones, an acclaimed crime writer, who goes behind the scenes of famous murder cases. This is done partially though reenactments, which is what was filmed on campus. This particular episode is about a murder in the 1980s, where a man killed his best friend, which was also reenacted on campus, but according to production members was done in a very non-gore way.

"Blindspot" coming to campus was coordinated through Conference Services, who are responsible for handling campus space. This includes coordinating with admissions for open houses or for different departments when they host guest speakers. In 2013, Post also hosted the cast while filming "The Rewrite," a movie starring Hugh Grant.



BRIAN RILEY

The film crew in action during the shooting of "Blindspot"

New Health Professions Honor Society

By Caroline Ryan

Assistant News Editor

The 84th chapter of the Alpha Eta Society, the national scholastic honor society for allied health professions, was founded at LIU Post on January 16, 2016.

To join this elite honor society, students must be in their senior year and have a cumulative 3.5 GPA. Faculty nominate eligible students who show leadership in their chosen profession. These nominations must then be approved by the dean of the School of Health Professions and Nursing. Currently there are 38 students and five faculty members in the honor society. Each year, all the students are eligible to join the honor society. There are over 100 students in health professions program.

Those who are inducted into the society receive a certificate, pin and special cord at their graduation ceremony. As a member of the honor society, students are part of an elite group of allied healthcare professionals who have shown academic excellence and leadership while at their institution of higher learning.

"Our mission of educating students from diverse backgrounds to address the health and social needs of individuals, families, communities and society, as well as to develop skills for best practice, based on humanistic values, inter-professional skills, scientific knowledge and evidence is closely aligned with the mission of Alpha Eta," said Stacy Gropack, the dean for the School of Health Professions and Nursing.

According to the Alpha Eta website, "The development of a national honor society for allied health students was proposed in 1973.

The purpose of the honor society was to recognize scholarship in allied health students using the model of the University of Florida's local honor society, Eta Rho Phi. The society was named for the Greek letters equivalent to the first letters of allied health, which were Alpha Eta."

The motto for the society is "Together We Serve" because it represents all of the allied health professions. The purpose of the society is to promote and show recognition of significant scholarship, leadership, and contributions to the allied health professions," said Mimi Pezzuto, the director of Community Outreach for Post.

To establish this society at Post, a petition to create a chapter had to be sent to the national secretary-treasurer, who submitted the petition to the Board of Directors for consideration. Pezzuto coordinated the petition in December. Two-thirds of the council must vote affirmative for chapter establishment to be approved.

The School of Health Professions and Nursing has departments in social work, health sciences, biomedical sciences, nursing and nutrition. In order to join this society, chapters must be established at institutions of higher education with three or more allied health programs.

The induction ceremony for Alpha Eta Society will be held on April 27 at 3 p.m. in the Tiles Center. All members will be inducted during this ceremony. To join this honor society students must be nominated. The honor society will also hold annual meetings.

Grand Re-Branding

By Alec Matuszak

Staff Writer

Since the fall of 2013, LIU has been focused on promoting student-run businesses. Some of which have been reimagined. The Student Body Boutique and LIU Post Treat Shop, Hutton and Post have seen several changes, in an effort to rebrand the businesses and attract more customers

Sandra Angilletta, an art therapy major, works at the Student Body Boutique. According to Angilletta, "the grand re-opening was to reach out to the whole LIU student body and to let them know that there were some renovations and that there are going to be a lot of changes coming," she said. Some of these changes include management and inventory. "We really are just trying to reach out to the LIU community and give more awareness to the store," she said. As with the other student run business at LIU Post, any profits made from the stores goes back into student scholarships. According to success coach and head of student-business development, Eric Shapiro, fifty percent of profits go to student scholarships while the other fifty percent of profits go back into student-business development.

Before getting the job at the Student Body Boutique, Angiletta said she did not visit the store very frequently. Angiletta is satisfied with the trajectory the store is going in, but realizes that changes must be made in "baby steps."

Another student invested in the success of the student run businesses is junior public relations major, Monica Peralta. Peralta has been involved since the program launched at LIU Post three years ago. Peralta also has a minor in fashion merchandising, which explains her employment at the Student Body Boutique. As the head of product development for all of the stores, Peralta helps design new products for Pioneer Nation (the campus merchandise store) and purchases inventory for the boutique and Hutton and Post (the new name for the treat shop). Peralta said she has learned a lot throughout her time working for these student businesses. "Being a part of student run businesses, I kind of got





Salina Webson

SALINA WEBSON

The university is re-branding its student-run businesses to attract more

to put my hand in all the cookie jars," she said. "Not only do I develop new products for the stores but I got to help promote them and get a little into social media, hiring, and management," she said. Peralta hopes that all of these options can help her figure out what field she wants to go into after graduation.

Peralta does not take her opportunity to work for these stores for granted. "Being a part of the original committee with student run businesses, it is such a joy to see us branch out and create more opportunities for students to open more businesses and venture out into different industry," Peralta said. For example, Peralta said if there was interest in opening an event planning company, this could be possible. "Anything that anyone is interested in and has a passion for," she said. "We are at the very beginning stages still and it's just so fascinating to see the program unfold," she concluded.

Food, Nutrition and Wellness BS Coming to Post

By Shelby Townsend

Staff Writer

The School of Health Professions and Nursing will offer a new Bachelor of Science degree in food, nutrition and wellness beginning in the fall semester of 2016. According to LIU's website, the 129-credit program will offer two concentrations: nutrition, health and wellness or nutrition and food hospitality. Specifically, the program will focus on exercise and fitness, health in the community, and nutrition and food hospitality.

Dr. Josephine Wright, director of the didactic program in dietetics, said the program is a result of a collaboration of the entire department of nutrition, and that planning took a little over a year. Once planned out, the department had to get the program approved by oncampus committees and then the state education department.

"We wanted to make something that we thought the students would enjoy where there would be more flexibility," Wright said, referring to the fact that students will be able to choose one of the two concentrations within the program compared to the accredited B.S. in nutrition that is already offered at Post.

The new program is non-accredited, meaning that it is more suited for students who are looking to do something in fitness or hospitality, but not necessarily looking to become certified dietitians, according to Wright. This also means that students who have already taken classes relating to the new program, including nutrition, physical education, or psychology, could have

those credits count toward their degree in food, nutrition and wellness.

Although the university has not assigned professors to teach the new courses offered for this degree, the courses are available for students to enroll in for the upcoming fall semester. Some of the new classes include nutrition in health and disease, designing cuisines, and a practicum where students can gain hands-on experience working with people in the health, nutrition and fitness fields.

"These new courses will address issues of today," Wright explained. "They will deal with the kinds of health problems that are out there in the world today." Many of these issues, she said, include obesity and diabetes.

Students will be able to work in a variety of professions with this new degree, depending on which concentration they choose to pursue. Some of the possibilities include jobs in the fitness field, like personal trainers or owning a fitness facility; jobs relating to health and the community; or jobs in hospitality like management and food service careers.

Wright said that this new degree and its flexibility in concentrations make it unique to Post.

"Queens College has an exercise degree with some nutrition, but not as much nutrition as [Post]," Wright said. "Community colleges also offer hospitality, so this is a great option for those coming from community colleges looking to finish their degree."

New Women's Leadership Certificate

By Brian Riley

Co-News Editor

The Leading With Edge is a new leadership certificate program designed to help women learn to lead in a professional environment. This is done through eight information sessions, the first of which was held on March 18. The session was called Leading for Result... Up and To the Right, and was designed to "help participants to understand the many inputs into leadership styles, starting with your social/personality style," according to program's website, executive.liu.edu.

Fourteen executive women from Long Island attended the first session. The cost was \$3,500 if registered before February 15 or \$4,000 anytime afterwards. The fee includes all eight of the information sessions and supplemental materials, including a notepad, pen, and published work from the presenters. At the end of the course participants will receive a certificate from the College of Management

This was the first initiative of the Center for Executive Education, which was created this month as a way for executives in the business world to learn new skills, according to Ivy Algazy, director of leadership initiatives for the Center for Executive Education.

The instructor for the first session, Angelina Rouse, shared her experiences as a former chief accounting officer at Pall Corporation and chief financial officer of the North American Components division at Arrow Electronics.

Although this program is only for working professionals, LIU is planning to bring a similar program for students and possibly a youth program targeting women in high school at an unspecified time, according to Algazy. She believes attempting to implement all of these programs at once would have been too complicated, and elected to go with a rollout plan.

Algazy is the pioneer of the developing Center for Executive Education, which was a result of her prior experience with the Women's Collaborative. The Women's Collaborative brings executive women from several fields from across Long Island together to further their leadership abilities, which is what she is trying to do at Post.

The Women's Collaborative was created in partner with the Long Island Association in 2014. The LIA is a business organization on Long Island that brings together the executives from the top companies on Long Island.

President Cline is one of only 13 women on 68-person board of directors for the LIA, according to longislandassociation.org. Naturally, when Algazy came to Post this momentum turned into The Center for Executive Education.

Graziela Fusaro, the associate dean of the College of Manage ment, was responsible for some of the smaller details of the program, such as how the Leading With Edge webpage would fit into Center for Executive Education website, or the finances of the course such as profit and loss of the program.

The second session, which will be held on April 1, is called Language of Leadership. The focus will be on how to convey a strong message through either body language, word choice, and how to use these skills to eventually ascend to higher places throughout the course of an individual's career.



BRIAN RILEY

From left: Angelina Rouse, former chief accounting officer at Pall Corporation and chief financial officer of the North American Components division at Arrow Electronics, and Ivy Algazy, instructor of the Center for Executive Education

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Behind the Negative Stigma of Mental Health

By Melanie Spina

Co-Opinions Editor

On March 17, the university issued a campus-wide email stating that a female had been found near campus in a suicide attempt. The news impacted our campus greatly. While I was extremely glad to hear that she was okay, I couldn't help but wonder about how much awareness of mental illnesses there is among college students.

According to NAMI, the National Alliance on Mental Illness, a mental health organization, approximately 43.8 million adults in the U.S. experience mental illness in a given year. However, in the past year, only 41 percent of adults with a mental health condition actually received mental health services. The remaining 59 percent do not seek help for multiple reasons, like expensive mental health care or because of the negative stigma that is attached to mental health. NAMI also states that adults in the U.S. who live with a serious mental illness, but do not obtain treatment, tend to die on average 25 years earlier than those who do, or those not affected. Suicide is the 10th leading cause of death in the U.S.

Yet, mental illness is usually not talked about as much as physical illnesses. Why is that? The statistics show that mental illnesses affect many people and can be as deadly as other serious physical illnesses. However, there still is a stigma surrounding mental health. Unfortunately, mental illnesses are commonly associated with stereotypes and are judged by individuals who don't actually understand the concept of mental health. In other words, they are not properly educated on what mental illness is and how they should be treated. According to a scholarly paper by Patrick Corrigan and Amy Wats, for the Official Journal of the World Psychiatric Association, some of these stereotypes are prompted by what people see in the media. Many believe that if someone suffers from a mental illness such as depression, personality disorders or anxiety then he or she must be homicidal, crazy and feared. Another big misconception is that the person is responsible for their illness.

This stigma not only affects the way mental illness is perceived but sometimes it can affect the individual who struggles with mental health. According to the World Psychiatric Association, many people with psychiatric disabilities tend to internalize these misconceptions and start to believe them themselves. This brings on serious self-esteem issues, allowing the person to believe they are less valued because of their disorder or what they are feeling is not a valid illness. This can be one of the reasons that some people with mental illness don't seek necessary treatments.

It's especially important to create more awareness on a college campus. According to a 2014 study by the National College Health Assessment, data collected from 76,266 students' health habits, 33 percent of the students surveyed said within the past 12 months, they have felt so depressed to the point that it was difficult to function. In the same study, 55 percent of the students reported feeling overwhelming anxiety and 87 percent reported feeling overwhelmed by all of their responsibilities.

Taking these numbers into consideration, it's clear how much mental health can affect students while in college. I do not think it's talked about enough and I still believe there is a negative stigma connected to it. In fact, according to NAMI, 40 percent of students with diagnosable mental health conditions do not seek help. NAMI reported that concerns about stigma are the number one reason for students not seeking help.

There should be more education on mental illness and how it

should be approached. Mental health needs to be taken more seriously and be spoken about openly without attaching a negative perception to it. Just like other illnesses, when somebody is struggling with a psychiatric disability, they don't have control over how it affects them. They don't have the option to make it stop simply because "it's all in their head." Education and bringing light to these issues is key to end the negative stigma that follows mental illnesses.

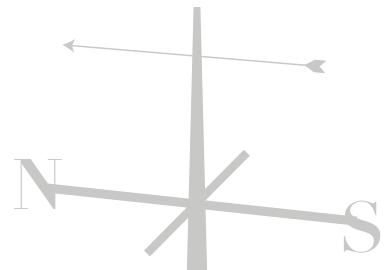
On campus, the counseling center offers students the opportunity to talk to a counselor confidently. The Center of Healthy Living, also known as the counseling center, treats alternative lifestyles, drug and alcohol counseling, eating disorders, individual and group counseling, physical and psychological abuse counseling, problems with anxiety, confusion, or depression, crisis intervention, and rape support service.

The Center of Healthy Living is located in the basement of Pell Hall. Counselors are available Monday through Friday, from 9 a.m. to 5 p.m. The office can be contacted by emailing lynne.schwartz@liu.edu or calling 516-299-4162.

The National Alliance on Mental Illness (NAMI), a mental health organization, approximates 43.8 million adults in the U.S. experience mental illness in a given year.







Catch the latest news about what's happening on campus at

liupostpioneer.com



Let the Good Times Roll

By Mirna Youssef

Features Editor

To most college students, their phone is their life. Not only because it houses their favorite social media, games, emails and notes, but also their photographs. Your photos will always mean something and you will have that moment forever. Here are this week's LIU Post students' favorite photo on their phones:



"I like this pic because it shows my personality. Always happy and smiling through life." Stephanie Mocerino, junior broadcasting major





PHOTO COURTESY OF KAYCEE ZELKOVSKY

"This is my favorite picture in my entire photo album. It's not recent but I always keep it in there because it makes me relive that goal and reminds me of the exact feeling I had at that moment. Out of all of the goals I've scored, in both high school and in college, during my field hockey career, this one was by far the absolute best. On October 6, 2011 (I know that date because it's written on that ball in the goal in the picture sitting on my shelf in my room) I was a sophomore in high school and we were playing our rival school, Bernards, who we hadn't beaten in years. I scored the winning goal in that game alongside my teammates. The final score was 1-0 and it was one of the most intense and roughest games I've ever played. And that's why that's my favorite picture in my entire photo album." Kaycee Zelkovsky, sophomore psychology major



PHOTO COURTESY OF SAVANNAH CUMMINIGS

"I laugh a lot and smile just as much. This picture captures a little bit of both of those. No matter how you're feeling, what age you are or who your friends are...one thing remains the same. Laughter is contagious and a smile is the sunshine on a cloudy day." Savanah Cummings, junior health science major



PHOTO COURTESY OF KARLKYRK IFBOF AND AIDA ENAMORADO

"This is from Pratt After Dark and it's our favorite picture because it's a great memory from a great night with great friends." Kari Kyrkjeboe and Aida Enamorado, international studies majors

Staying on Track before Finals

By Marissa Hoffmann

Staff Writer

The eight weeks between spring break and the end of the semester can make or break final grades. With the weather getting warmer, flowers blooming and birds singing, it becomes increasingly difficult for students to focus on school work. The spring semester always seems to be the one where students struggle the most with finishing strong, especially when senioritis is kicking in.

So, how do you stay on track with school when all you are thinking about is summer, or applying for jobs or internships? Melissa Walk, a junior psychology major, said, "I believe if you can push yourself to accomplish what needs to be done, such as studying hard and getting all your assignments done on time, you'll be able to end the semester with a bang." Walk added that students should think about their family and support system of friends "...that all want you to achieve your goal to finish, so push yourself to do that."

Shannon Nami, a senior elementary education major, said, "Before finals week, I create a review sheet so I am prepared for all my exams. I try and stay organized throughout the semester so it's easier for me since I am graduating and have a lot on my mind."

Tori Gottlieb, a junior public relations major, feels a little unsteady about the end of the semester. "I feel unprepared. I have an 18-page paper due and I am freaking out," she said. She will be spending a lot of time at the library on campus, along with many other students. Starting April 27 through May 5, the main level of the library will be opened 24 hours, along with librarian help until 1 a.m. and Bleecker Street Café open till 2 a.m. You can also stop by the writing center, located in Humanities room 202. Monday, Wednesday, Thursday from 9 a.m. to 7 p.m., Tuesday 9 a.m. through 9 p.m., and Friday 10 a.m. until 4 p.m. Walk-ins are welcomed.

It's easy to lose sight of the academic goals you set for yourself throughout the spring semester, but it's not too late to get back on track. Form a study group with friends so you don't feel alone. Ask your teachers for help; they want to see you achieve your goals. Make sure you don't skip class; it's tempting with the nice weather, but you'll feel better and more prepared if you attend. Most importantly, just try and relax. You're almost done, so just take a breath and crack open that book and you'll see how much your hard work will pay off when your semester grades are posted.

LIU Post Who's Who?

By Marissa Hoffmann

Staff Writer

"Who's Who Among Students" is a national student recognition program among colleges in the U.S. Every year, since 1934, who's who selects students from over 1,000 colleges and universities to join the program.

In order to be selected into the program, students must have a GPA of a 3.0, have completed a minimum of 15 credits, have good leadership ability and be involved in the community.

The office of Campus Life and LIU Promise nominated students to become a part of Who's Who Among Students for the first time this past December.

"Members of Campus Life and LIU Promise nominated students who have made a significant impact on the LIU Post community," said Joseph Vernance, assistant director of Campus Life. "The goal of the acknowledgement is to recognize students for being outstanding leaders in their student organizations, athletic teams, residence halls, and all other areas of the university."

"It's such an honor to be chosen, especially as a freshman," said Olivia Kavanaugh, a freshman art education major. "I'm extremely appreciative and humbled to be chosen alongside a group of great students at this great school."

Amy Smith, program administrator for Who's Who Among Students in American Universities and Colleges, said, "Unlike other honor societies there are no membership fees to the *Who's Who* nominee."

Henry Pettus Randall, Jr., founder of Who's Who Among Students, decided to create the program in 1934 due to the financial struggles he faced in college. Randall believed that honors programs should be based on students' achievements, not their financial standing and ability.



Nexus of 12

By Bendik Sorensen

A&E Editor

As the summer is growing nearer, graduate students in the art department are scrambling around in the Steinberg Museum to prepare for the annual MFA exhibition, this year called Nexus of 12. "It's a reflection of work from 12 artists who have learned and grown together," said Carrie-Anne Gonzales, a photographer and one of the MFA graduate students in the show. "Nexus of 12 shows the universe's incredible ability to harmonize individual paths and beings in and through itself."

The show has a variety of mediums, chosen by the artist themselves, ranging from photography to print making, video art and painting. Alongside the Nexus of 12 in the Steinberg, which is up for six weeks, the artists also show their work in SIA Gallery in Chelsea in NYC. The shows are a part of a mandatory thesis for the students, and show some of the body of work they've created throughout their academic career at Post. "Your job is to create art... all of the time. To see where it takes you, to reflect on it, to see what drives you and how far you can come. We all have our own process and way of getting there," Gonzales said.

Gonzales has a pretty rigid process, after over 20 years of being a photographer. "I start with sketches, or charcoal drawings, or cut-outs or collages of an idea and then I stick it to my studio wall," she said. "There are many things up there." Her work shows the struggle of women, relationships and of the working class,

and for her thesis, she gives a nod to the Mexican muralist David Alfaro Siqueiros. "Like Siqueiros, my pieces also reflect on social and political subjects of today," she said.

Although the students work on their theses during the time, they can exhibit anything they've made. "Most artists usually have some kind of theme and/or ideology that ties the works they're exhibiting together," said Nicholas Frizalone, another artist and graduating MFA student. Frizalone is showing paintings and drawings in the exhibit. "It's helpful to me because I get to experience what it's like to exhibit alongside artists of other disciplines and backgrounds," he said.

The show in the Steinberg Museum opens April 11, and is up through May 6. It is located in the Hillwood Commons at LIU Post campus. The show in the SIA Gallery is up from April 13 to April 20, with an opening reception April 14 from 6-8 p.m.

Steinberg Museum hours: Monday - Friday 9:30 a.m. - 4:30 p.m. Wednesdays 9:30 a.m. - 8 p.m. Saturdays 11 a.m. - 3 p.m.



PHOTOS BY BENDIK SORENSEN

Nexus of 12: an exhibition with 12 students' work harmoized together. All can be seen at the Steinberg Museum of Art at the times listen above

"Daredevil" is Back to Save Hell's Kitchen

By Thomas Gillen

Assistant A&E Editor

"Daredevil," based on the Marvel comic series of the same name, follows Matt Murdock, a lawyer who was blinded as a young boy after coming in contact with radioactive substance. As a result of the accident, Matt developed heightened senses and can see using a form of radar. After seeing the corruption in his neighborhood, Hell's Kitchen, Matt dons a red devil costume and becomes the vigilante Daredevil in order to fight crime outside the law.

Season one of "Daredevil" was focused on the origin of the hero as he worked to take down crime lord Wilson Fisk, a.k.a. Kingpin. Season two sees Matt face off against a new adversary known as the Punisher, and also come to terms with the return of his ex-girlfriend. In season two, Daredevil is joined by new and returning characters, including Foggy Nelson, Matt's best friend and law partner; Karen Page, the secretary for Matt and Foggy's law firm; Frank Castle, the violent vigilante nicknamed the Punisher and Elektra Natchios.

In the first episode, "Bang," the law firm of Nelson and Murdock takes on a new client who has a questionable background working for the Irish mob. They soon find out he survived an attack by the Punisher, while the rest of his crew was killed. While the tone changes over the course of the episode between light hearted and serious, it does become very intense whenever the Punisher is on screen.

Charlie Cox continues his role as Matt Murdock. He convincingly plays the role of a blind man while making sure that Daredevil and Matt Murdock each have different personalities. The supporting cast is well rounded, in particular Jon Bernthal. While Bernthal is most known for his role as Shane on "The Walking Dead," the Punisher is much more damaged and dangerous. He takes over the show whenever he appears on screen, and has great chemistry with Cox in later episodes. While Bernthal shows the darker aspects of the character well, he excels in scenes



TWITTER/DAREDEVIL

where he is having conversations with Daredevil.

Like season one, the action sequences in "Daredevil" are outstanding. The fight choreography is always top notch and the camera work makes it easy for the viewer to understand what is going on. There is also a fight scene in a stairwell in one of the earlier episodes that rivals the five-minute hallway fight from season one.

Like "Jessica Jones," "Daredevil" is a dark show that may be too intense for younger viewers, especially certain aspects about the Punisher, such as his tragic back-story and his extreme methods of violence. However, viewers who enjoyed the first season, the comic book series, or other Marvel movies, should watch this action packed show.

All 13 episodes of "Daredevil's" second season were released on Netflix on March 18. Audiences were treated to season one of the superhero show when it released on April 10, 2015. "Daredevil" season two is the first Marvel show to be released on Netflix in 2016; it will be followed by the release of "Luke Cage" on September 30.

Arts in Brief

By Bendik Sorensen

A&E Editor

Music Recitals

The Music department presents the Hillwood Recital Series. It takes place in the Tilles Atrium at 12:30 and features Undergraduate and Graduate music majors. Admission is free and open to all.

The Music department presents the Graduate Recital of Quanxiao Li, Piano. Her recital takes place in the Great Hall at 8:15.

April 1

The music department presents Shannon Davenport, Soprano. Her junior recital will take place in the Interfaith Center(Chapel) at 5:30pm. Admission is free and open to all.

The music department presents Jennielynn Damiano, Mezzo-Soprano. Her senior recital will take place in the Interfaith Center at 8:15pm. Admission is free and open to all.

Concert

March 31

The LIU Post Keyboard Club will have a concert in the Great Hall at 8:15, directed by Stephanie Watt. Admission is free and open to all.

April 3

LIU Post Chorus and Chamber Singers will have a concert in the Chapel, conducted by Mark Shapiro. The concert takes place at 3pm. General admission is \$10, \$8 for seniors and students, and free for LIU Post students with ID.

Art Exhibit

March 29-April 2

The art department presents Jessica Peace and her BFA show. The exhibition will be up in the SAL Gallery throughout the week, with a reception held on Wednesday, March 30 from 5-8pm. Admission is free and open to all.

The art department presents Elizabeth Panzica, BS. Her show will be up in the Sculpture Gallery throughout the week, with a reception held on Wednesday, March 30 from 5-8pm. Admission is free and open to all.

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Martin and Olshevski are Pioneers M.O.

Softball goes 4-0 over weekend led by pitching staff

By Michael Otero

Co-Editor in Chief

Runs were at a premium in both games on Thursday, March 24, in the softball team's double-header against the University of Bridge-port in Brookville, N.Y. With a combined five hits in the contest, the Pioneers were able to come out on top because they strung their base runners together.

Scoreless in the fourth inning, the Pioneers broke through with a two-run shot of the bat of freshman catcher Julia Seader. That was all the offense that junior pitcher Ashley Martin would need. Martin went the distance, allowing just two hits and fanning 11 Knights to earn her fifth win on the season. Martin's counterpart, Alyssa Bua, pitched well enough for a win, but didn't get the run-support necessary. The Pioneers came out on top 2-0.

In the latter game, the Pioneer offense managed to do its part and plate enough runs to squeak out another victory. The Pioneers opened the scoring in the second inning when senior third baseman Maria Palmeri smashed a solo shot. However, that lead was short lived, as Knights outfielder Kaila Crandall liked Palmeri's style and did the same; launching a solo home run to even the score at one in the fourth inning. The scoring ceased from then up until the seventh inning.

Commanding the circle for the Pioneers was freshman Hannah Olshevski, who threw a complete game, surrendering just two hits and striking out three. In the Pioneer last half of the seventh inning, they put the pressure on the Knights defense when they loaded the bases with nobody out and the winning run standing on third base. Freshman shortstop Leah Mele drove in the winning run with a fly ball to right field that was deep enough to plate sophomore outfielder Jaclyn Hahn for the walk-off win.

The Pioneers were able to give their bullpen a day off as both starters tossed complete games. It's pretty hard for the opposition to score when you don't allow many hits and play good defense. That's exactly what the Pioneers did. They committed one error in the two games and their pitchers allowed a combined four hits.

Martin and Olshevski were at it again on Saturday, March 26, when they hosted St. Thomas Aquinas College. Both girls continued their stellar outings against Bridgeport and paced two Pioneer shutout victories.

In the first game, the lone run of the match came via an error in the field in the fifth inning. Sophomore infielder Claire Travis, who legged out an infield single earlier in the inning, came around to score on a throw by St. Thomas' Kelcy McGeehan which airmailed its intended target allowing Travis to advance home.

Martin, coming off a performance where she allowed zero runs on four hits, went out to the circle and did it again. She went all seven innings and allowed four hits and struck out eight. The Pioneers won by a score of 1-0.

In the second game, the Pioneers rode the arm of Olshevski, who surrendered one hit in a complete game victory for the Pioneers where they plated five runs. Although Olshevksi didn't need that much run support, the Pioneers supplied plenty to go around. They opened the scoring in the second inning when sophomore outfielder Samantha Marrone drove in a run with a single and plated two more runs in the third inning on another RBI single and a run scoring base on balls. The Pioneers tacked on two more runs in the fifth and sixth innings with an RBI double by sophomore designated hitter Emily DeVito and an RBI single by Palmeri.

Olshevksi again went the distance and allowed zero runs. She didn't strike out any hitters either, so the Pioneer defense was on its

toes all game and they responded well.

The Pioneers improved their record to 13-5 and are undefeated in conference play. Over their last six games, the Pioneers are 6-0 and have allowed just three runs.

Head Coach Jamie Apicella and his team return to the field on Wednesday, March 30, when they visit Queens College for a doubleheader. Game-time is set for 3 p.m.



KIMBERLY TOLEDO

#5, Senior Maria Palmeri

The Pioneers improved their record to 13-5 and are undefeated in conference play. Over their last six games, the Pioneers are 6-0 and have allowed just three runs.

Baseball Mauled by Lions

By Michael Otero

Co-Editor in Chief

The baseball team opened up conference play on Thursday, March 24, when they hosted Molloy College. The Pioneers suffered a 5-2 loss to drop to 8-9 on the season.

The Pioneers drew first blood in the fourth inning when freshman outfielder Joe Piscitelli cracked a single with two runners on, plating them both to give the Green and Gold a 2-0 advantage.

Junior pitcher Jake DeCarli was in cruise control until the sixth inning when things began to unravel. With a runner on second and one out, Molloy stringed three straight hits together and plated two runs. They took a 3-2 lead on an RBI ground out.

The arms in the Molloy bullpen threw up zeros and put down any hopes of a Pioneer comeback. A pair of insurance runs in the eighth inning took some life out of the Pioneers and they went down without a fight in the ninth inning.

DeCarli tossed seven innings and surrendered 11 hits. He also allowed four earned runs and fanned three. At the dish, the Pioneers put 11 base runners on, but only plated two of them. They also left nine men on base.

The Pioneers looked to bounce back on Saturday, March 26, when they played against the very same Lions from Molloy College in a double-header. Although the venue changed, the results were still the same; losses for the Pioneers.

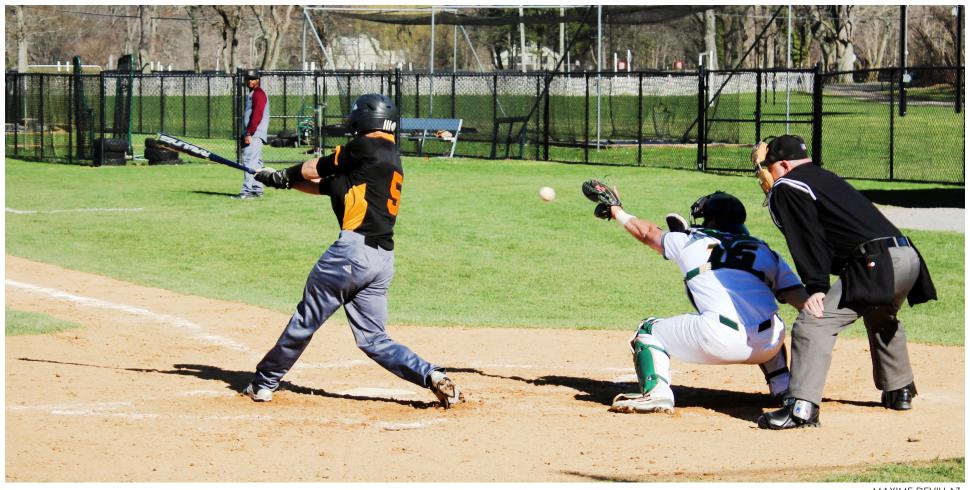
The Lions struck first this time, sending three players across home plate in the second inning against junior pitcher Dan Jagiello. The Pioneers cut into the deficit in the top of the seventh inning when junior outfielder Kenny Daley notched his first round tripper of the season. The Pioneers put a couple of runners on base later in the inning, but couldn't send them around to score.

Just like Thursday, Molloy was able to get key insurance runs late in the game to further expand their lead and they took the opener by a score of 5-1.

In the second game of the double-header, the Pioneer bats were stifled by Lions hurler Bobby Kelly. The Pioneers managed a lone single against him while Kelly was able to go the distance, allowing zero runs and striking out three.

Red-shirt junior pitcher Joey Arena put up a valiant effort for the Pioneers, going a respectable six innings and striking out two while allowing three runs (two earned). The Lions plated their three runs before the fifth inning. In the first, they scored on a wild pitch and in the fourth inning, they plated two on a fielding error.

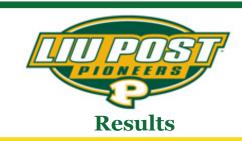
Head Coach Mike Gaffney and his team will look to get back on track when they travel to play St. Thomas Aquinas College on Friday, April 1. First-pitch is scheduled for 3:30 p.m.



MAXIME DEVILLAZ

Senior catcher Thomas Asbati grabbing hold of the ball as the batter misses his attempt. The Pioneers suffered a string of losses over the course of the week

PIONEER SPORTS



Baseball

Thursday, March 24 - Saturday, March 26 vs Molloy College o Wins & 3 Loses

O WIIID & J LOBES

Men's Lacrosse

Thursday, March 24 vs Dominican College Won 21-3

Softball

Thursday, March 24 vs University of Bridgeport 2 Wins & O Loses

Saturday, March 26 vs St. Thomas Aquinas College

2 Wins & o Loses

Women's Lacrosse

Wednesday, March 23 vs Molloy College Won 16-6

Saturday, March 26 vs Holy Family University Won 18-6

Upcoming Schedule

Men's Lacrosse

Wednesday, March 30 vs Post University @ 3 p.m. @ Bethpage Federal Credit Union Stadium

Softball

Wednesday, March 30 @ Queens College @ 3 p.m.& 5 p.m.

Thursday, March 32 vs Southern Connecticut State University @ 2 p.m. & 4 p.m.

@ LIU Post Softball Complex

Saturday, April 2 @ NYIT @ 12 p.m. & 2 p.m. Sunday, April 3 vs Molloy College @ 12 p.m. & 2 p.m. @ LIU Post Softball Complex

Baseball

Friday, April 1 @ St. Thomas Aquinas College @ 3:30 p.m. Saturday, April 2 vs St. Thomas Aquinas College @ 12 p.m. & 3 p.m. @ LIU Post Baseball Field Sunday, April 3 @ St. Thomas Aquinas College @ 1 p.m.

Women's Lacrosse

Saturday, April 2 vs Adelphi University @ 1 p.m.

@ Bethpage Federal Credit Union Stadium

Men's Lacrosse Dismantle Dominican College

By Thomas Scavetta

Assistant Sports Editor



JESSICA PEACE

#4, sophomore Joey Denaro defending ground

An offensive onslaught led the 16th ranked men's lacrosse team (5-3) to a convincing 21-3 victory on Thursday, March 24, against Dominican College (3-6) in an East Coast Conference showdown at Bethpage Federal Credit Union Stadium in Brookville, N.Y.

It seemed as if the game was over in a matter of minutes, as the Pioneers achieved seven goals in the first quarter. Paving the way was senior attacker Matty Beccaris, who got in three goals and graduate midfielder Jeremey Morgan, who scored twice.

In the second period, the Pioneers continued to build on their lead, as senior midfielder Anthony Berardis racked up two markers, giving the Green and Gold a 10-1 margin heading into halftime.

There was no looking for back for the Pioneers in the second half as they continued to pour in goals left and right outscoring the Chargers 11-2 the rest of the way. Red-shirt sophomore attacker Paul Bamonte and freshman midfielders Michael Licata and Steven Frank all cemented

their first collegiate goals in a Pioneer uniform.

Every category was dominated by the hosts, but junior midfielder Anthony Galeota-fiore highlighted the Pioneers' time of possession edge by securing 16-of-18 face-offs in addition to scooping up 13 ground balls.

In the cage, junior goalie Matthew Liantonio and senior net-minder Adam Winne both had solid performances, totaling eight saves.

For the Pioneers, senior attackers Matty Beccaris and Ryan Slane each collected six points to lead all scorers. Beccaris notched a season-best five goals and added an assist, while Slane recorded three goals and three assists. Graduate midfielder Jeremy Morgan also got a piece of the action, punching in three goals and adding two assists to his stat-line.

Head Coach John Jez and the Pioneers look to make it two wins in a row on Wednesday, March 30, when they square-off against Post University in a non-conference tilt at Bethpage Federal Credit Union Stadium. Opening draw is scheduled for 3 p.m.