HE PIONEER

Informing LIU Post for over 60 years

www.liupostpioneer.com January 24, 2018 Volume 70, Issue 1

State Approves Vet Tech Program



Robin Sturtz, director of the vet tech program.

JADA BUTLER NEWS EDITOR

In December 2017, the New York State Department of Education approved Long Island University's request to institute a veterinary technology program at LIU Post. The program, which is set to begin in the fall of 2018, is one of only 21 accredited, four-year integrated undergraduate degree programs offered nationally in veterinary technology. The program offers a bachelor of science degree, and graduates will be eligible to take the national licensing examination to become licensed veterinary technologists.

A veterinary technologist assists veterinarians in, among other things, surgery and recording patient history and research. A veterinary technologist is different from a veterinary technician, which only requires two years of education in an associate's degree of applied science, rather than a bachelor of science, according to Robin Sturtz, the newly appointed director of the vet tech program.

Sturtz was chosen by a search committee consisting of animal facilities director, Christopher McAllister and Stacy Gropack, dean of the school of health professions and nursing. Sturtz, a 2004 graduate of the College of Veterinary Medicine of Georgia, has been involved with vet tech education for over 10 years at CUNY and Mercy College, and currently works in clinical practice as an associate veterinarian at the Long Island Cat Hospital in Williston Park. "I love teaching. I love our students because vet tech students tend to be very focused, they like what they're learning and it makes it a lot of fun for a teacher when you have that," Sturtz said, explaining her experience at her previous schools.

Continued on page 3

When the Dog's Away, the Geese Will Play

TIFFANY ROSE MILLER

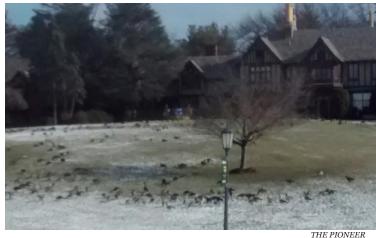
STAFF WRITER

LIU Post, nestled on the North Shore with about 307 acres of land, attracts a variety of wild animals, including geese that land and feed on the campus lawns. Many students are unaware of or not troubled by the geese. "The geese don't really bother me, I barely see them on campus and when I do I don't feel threatened, Thomas Palini, a junior political science major and Class of 2019 President, said. Yet, the department of facilities is actively working to eliminate them from campus.

According to the Humane Society of the United States (HSUS), the geese are relatively harmless. The Pioneer is unaware of any attacks on students or others by the geese. However, the large number of geese on campus tend to leave large quantities of feces all over paths and campus grounds. The HSUS reports that a single goose can defecate every 20 minutes and leave up to 1.5 pounds of feces each day, in addition to an unpleasant sight and smell that can carry harmful bacteria. "Normally, the feces on campus doesn't bother me," senior political science major Paul Franco said. "However, one day I was on my way to an interview at a law firm, stepped in the feces, and it was all over my brand-new shoes and the bottom of my suit pants; this is unacceptable," he added.

Roy Fergus, the director of facilities services, handles this issue along with many others. "The facilities grounds team works to clean/clear pathways and affected areas and as part of our operations; we have engaged and utilize subject matter experts in managing the impact of geese forays on the LIU Post campus," he said. Fergus did not explain where or how the collected fecal matter was disposed.

Continued on page 4



History Professor's Sabbatical Project Pg. 2

SGA Plans for Spring Pg. 4

CACD Dean Completes | Music Department's First Semester Pg. 5

Spring Plans Pg. 12

State Approves Vet Tech Program

Continued from page 1

The program, which will be housed in the school of health professions and nursing, will include education on different types of animals, and hands-on experience both inside and outside the classroom. LIU has partnered with the North Shore Animal League (NSAL) in Port Washington to aid students in their education. At NSAL, students will be able to observe the workings of a large animal shelter and its hospital. NSAL is also offering externship opportunities for students when they reach that part of the program, according to Sturtz.

Students are required to spend over 500 hours working on local farms, zoos, animal hospitals, shelters, and research facilities to get "hands-on" clinical experience, that will later aid them in their clinical internships. Live animals will not be used in the classroom setting. Students will be able to work with live animals during their time off campus.

Sturtz and Gropack hope to fill the entering class for the program with at least 40 students. So far, the program has received around 15 applications, according to Gropack. The program will be open for incoming freshmen and transfer students. Applicants should have a "desire to work with animals and have a strong science background," Sturtz said.

Space is being renovated in the Life Sciences Hall to accommodate the program. "Our students will be able to study on campus using the latest in imaging equipment, mannequins and models," Sturtz said.

Much like the patient mannequins in the nursing program at Post, these vet tech mannequins are combined with a software that simulate "check-up" scenarios, and even have a heartbeat. "We want our students to be well-rounded, well educated, and well trained," Sturtz

Veterinary technologists have a broader education than technicians, and can hold management and supervisory jobs. The program will start with introductory classes on basic animal education before leading to more advanced, master classes. Students can also narrow their focus through electives in four areas: research, rehabilitation, business, and behavior. Career options after graduation are very diverse. "Veterinary technologists work in private practice, corporate practice, shelters, research, industry, the military, zoos, and for the federal government," Sturtz said.

There are 21 veterinary technology programs in the United States, and just 14 accredited programs in the state of N.Y., Sturtz said, and a high demand for vet techs in the country. Employment of veterinary technologists is projected to grow 20 percent from 2016 to 2026, faster than the average for all occupations, according to Gropack, as veterinarians continue to utilize technologists to support their practices, do general care and lab work.

The program is expected to be "sufficiently funded," with expenses for equipment and trips being covered, according to Gropack. The budget for the program is still being calculated, yet "the university and President have made a commitment to funding the program," Gropack said.

BOARD OF EDITORS

Editor-In-Chief

Jada Butler

Caroline Ryan

News Editor

Dondre Lemon

Assistant News Editor

Kristina Huderski

Features Editor

Ashley Bowden

Arts & Entertainment Editor

Myles Goldman

Sports Editor

Michael Domagala

Assistant Sports Editor

Caroline ryan

Layout Editor

Paola Guzman

Copyeditor

Marissa Hoffmann

Online Editor

Angelique D'Alessandro Assistant Online Editor

Matthew Sollenne

Circulation Manager

Carolyn Schurr Levin

Faculty Adviser

Staff Writers

Karis Fuller, Anand Venigalla, Destiny Diggs, Tiffany Rose Milller, Jacqueline Escobar

STAY CONNECTED



@liu_postpioneer



@liupostpioneer



LIU Post Pioneer



www.liupostpioneer.com

Send your feedback to: liupostpioneer@gmail.com

DISCLAIMER: The Pioneer is published weekly during the fall and spring academic semesters. All students are invited to join. Staff meetings are on Mondays at 12:30p.m. Contact The Pioneer at: The Pioneer, Hillwood Commons, 2nd floor, Long Island University, LIU Post Campus, 720 Northern Boulevard, Brookville, New York, 11548; liupostpioneer@gmail.com. Diverse views are presented in The Pioneer and do not necessarily reflect the opinions of the editors or official policies of the university.

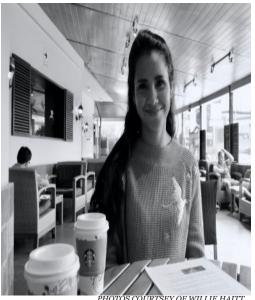
Copyright © 2017 The Pioneer, All Rights Reserved. All materials in The Pioneer are protected by United States copyright law and may not be reproduced, distributed, fransmitted, displayed, published or broadcast without prior written permission of The Pioneer.

History Professor's Oral History Sabbatical Project









ANAND VENIGALLA

STAFF WRITER

Associate Professor of History, Willie Hiatt spent his fall 2017 sabbatical working on an oral history project in Peru. He interviewed between 75 and 100 individuals about the blackouts that occurred in Peru during the Shining Path period in 1980-2000, particularly those that took place during 1982-1992.

Hiatt chose the oral history format in order to give a better picture of the personal experiences people had. "Oral history can provide insights into macro- and micro-level engagement with technology that differ substantially from ethnographic observation [scientific descriptions of peoples and cultures with their customs, habits, and mutual differences] and archival sources. To be sure, blackouts were complex technological events, but they also were social crises, police and military challenges, economic and political emergencies, and often life-and-death matters," Hiatt said.

Interviews enabled individuals to articulate their responses to nationwide attacks on electrical grids as well as the accompanying loss of traffic lights, gas stations, elevators, water pumps, washing machines, televisions, blenders, and many other technologies that modern societies take for granted. "My research remains attentive to the fact that oral history interviews are processes of remembering, and as such, these retrospective accounts must be subjected to critical discourse analysis," Hiatt said.

Oral history narratives can be rich sources of documentary evidence and, according to Hiatt, can make an important contribution to our understanding of how people engage, understand, adopt, and adapt technology. "Interviews will allow respondents to tell personal stories that raise larger historical questions and illumi-

nate shifting national narratives," Hiatt said.

Hiatt has written a book, "The Rarefied Air of the Modern: Airplanes and Technological Modernity in the Andes," also based in Peru. This led him to further explore the role of technology in Peru. "I began to consider a project on the history of electricity. Electricity arrived in Peru in the late nineteenth, early twentieth century, and I did quite a bit of archival research on that, and I am still going to explore that and possibly incorporate that into this current project," Hiatt said.

Oral history provided Hiatt an opportunity to explore territory that he previously did not explore. "Between 1982 and 1992 mostly, blackouts due to the destruction of these electrical towers became a way of life in Lima, and just about everybody regardless of your profession, your socioeconomic level, where you lived in Lima, whether you were in one of the poor marginal areas or in a more affluent area, everyone experienced these blackouts and had a personal account, personal memories of what they did during these power outages. And so I began to think about doing oral history for the first time." The research he did for his first book was exclusively archival, including newspaper articles, congressional documents, military documents, official reports, and magazine articles. This project consisted of interviews.

Hiatt interviewed engineers and artists, doctors, people in the poorer areas, and teachers who taught night school. The power outages almost always happened between 6 p.m. and 8 p.m., which had a big impact on classes that took place at night. He also talked to several people who were in the arts, including at least two novelists about their work and their experiences. "It was an amazing experience to travel all over Lima and to see lots of different people from different socioeconomic levels from different professions to hear their stories," Hiatt said.

"I was really impressed that Peruvians were willing to open up to an academic from the United States and to tell their stories. Often I would get names of potential informants or interview subjects from friends of friends and I would only have a cell phone number, so I would often call them up and I would have 45 seconds or a minute to introduce myself, to tell them what my project was about and to ask if they would be willing to meet with me to give me their testimony or to share their memories. The great majority of people who I asked to interview accepted. Some of them were just amazing. Even people who didn't necessarily have a higher education could be very articulate in discussing and thinking about the impact of the blackouts on their lives," he said.

The intent of the blackouts, according to Professor Hiatt, was to sow chaos and to destroy the bourgeois regime; but while there was fear and anxiety about how to deal with these blackouts, the blackouts had interesting cultural and social effects on Peru. "A whole culture of coping with blackouts emerged, candles became a staple in just about every Peruvian household, some of the wealthier families and many businesses had small electrical generators, and the sound, the roar of those generators was what many of those informants remembered from that period. Peruvians were quite ingenious in their response in some ways; a little informal business emerged where people would use a car battery to supply a television or maybe small appliances with the house," Hiatt said.

For Hiatt, the stories of the Peruvian Shining Path period have much to teach us about the role of technology in society. "It shows you the role that technology plays in both bringing people together but also kind of isolating people," he said. "One really interesting description of the blackouts was that it brought family members in their households together because

When the Dog's Away, the Geese Will Play

Continued from page 1

Facilities services has retained the Long Island Geese Control to significantly reduce geese sightings on campus. "We have a fully executed contract with Long Island Geese Control, who has expertise in safely and effectively managing the geese problem; I have been advised that this problem will eventually subside," Fergus said. During the winter break, a Long Island Geese Control car with a dog were seen on the Great Lawn chasing the geese away, according to staff members who were on campus.

Long Island Geese Control, a company located in Smithtown, acts to eliminate the geese. They don't kill the birds; instead, they use a unique technique where a border collie bred dog chases the geese away for a consecutive amount of visits. The procedure, according to William Alemaghides, the CEO of the company, requires that the dog stays on campus for a few hours a day, several times a week, continuously chasing away the geese until the birds feel like the area is threatened and migrate somewhere else. "The more the geese fear the seeming threat of a potential predator, the less likely they will want to spend time at that location," Alemaghides said.

To service a university of this size, Alemaghides charges a fee of

about \$975 per month, with three visits a week. LIU Post has used the services of the Long Island Geese Control sparingly, however, with only two sightings of them at work on campus during the smonth of January on weekdays. The geese control services have been put into use since the beginning of the fall semester, according to Alemaghides. Yet after each geese-chasing session, the geese were seen, returning, shortly after.

"The dogs do a good job chasing the geese away. But the geese are not stupid," Barbara Fowles, chairperson of the department of communications and film, said. Fowles' office faces the Great Lawn, where she has a perfect view of the geese control at work. "A few minutes after the dog leaves, the geese are back. It is not really effective, it is certainly not worth the expense - especially now when people are hardly lolling about on the lawn. The goose poop is disgusting, but they will move on when spring comes, and then the lawn can be cleaned up for the summer. That makes more sense," she said.

Have you seen less geese and feces on campus this semester? Do the geese bother or delight you? We want to hear from you at liupost-pioneer@gmail.com.

SGA Plans For the Spring

KARIS FULLER

STAFF WRITER

The Student Government Association (SGA), a body of elected students acting on behalf of the student population and led by senior President Giovanna Domingo and junior Vice President Olivia Kavanaugh, have released their plans for the spring semester. Domingo and Kavanaugh are joined on the executive board by Senate Advisor Stefanie Giovine, Treasurer Louis Pisano, Secretary Madeline Nunley and Parliamentarian Adam Silverstein.

Domingo and Kavanaugh agree on their aims as SGA leaders. "Our goal as a student government is to make sure that we represent and be seen as a voice for the student body," Kavanaugh said. "We look forward to and are optimistic with what is going to happen on campus this semester," she added.

So what is going to happen on campus this semester? One of the biggest events for the SGA this spring is the biannual town hall meeting, where students have the opportunity to speak with SGA directly. "We will be hosting a town hall meeting this semester to hear about student's concerns. As student government we want our goals to be based on the students' needs. For example, SGA is very focused on advocating for students to receive side door access," Domingo said.

SGA also plays a huge role in fundraising on campus. Their annual Relay For Life event takes place this semester on April 12 at 4.p.m in the Pratt Recreation Center. "We take on a huge role in fundraising for Relay for Life, through events and raffles," Kavanaugh said.

This semester, SGA will also be interacting with the athletic department on a more regular basis. "I believe that similar to SGA, the athletic community is a very influential part of our community. SGA is planning on inviting a SAAC representative to every meeting," Domingo said. The SAAC body is much like the SGA, but focuses on issues for student athletes. By working with SAAC frequently, SGA is able to address concerns raised by student athletes, such as more athlete friendly options in the dining hall. "We are looking forward to providing any student support they may need at games and matches, encouraging other students on campus to have that same mentality and well-rounded school spirit," Kavanaugh said. Domingo spoke of the plans to collaborate with not only the athletic body, but also clubs and Greek life.

Caitlin Johnstone, junior representative for the swim team, believes that encouraging the athletic community to be more involved in student government can only result in success. "It's really encouraging that SGA want to pay attention to the issues raised in SAAC meetings," Johnstone said. "It gives me and the other SAAC representatives a chance to express the wishes of the athletic body to those who can do something about it," she added.

These events the SGA take part in do not come about without challenges. Domingo believes that the hardest challenge is getting in contact with the students. "I think the biggest challenge SGA faces is having access to students to hear their concerns. All SGA senators conduct office hours once a week, and we hope to encourage students to stop by with any of their needs," Domingo said. The offices are situated in Hillwood Commons.

SGA did not meet over winter break, and will have its first meeting of the spring semester on January 22. The basic plan for the semester is already set, according to Domingo, and SGA is excited to get the semester underway and to further encourage student involvement. Along with voicing concerns, Kavanaugh and her peers encourage students to take part in SGA. "The best way a student can get involved in SGA is to apply for a position if they feel they want to help in continuing to make a positive impact at this school," Kavanaugh said.



CACD Dean Completes First Semester

DONDRE LEMON

ASSISTANT NEWS EDITOR

Being a dean can have its ups and downs. Deans are responsible for running their own offices, as well as all the departments within their school or college. Each of the five academic deans at LIU Post has the responsibility of making sure their schools run smoothly throughout the school year. In the College of Arts, Communications and Design, Steven Breese, who was appointed on July 1, 2017, has already instituted many changes in his first full semester at Post.

"Dean Breese has a rigorous and dedicated work ethic," Jennifer Miceli, chairperson of the music department, said. "His easy, upbeat communication style makes him approachable even in challenging situations. In particular, I appreciate his sincerity, integrity, follow-through, and great sense of humor," she said about her first semester working with him.

Breese is familiar with the responsibilities that come with the position of a dean. In the years before he arrived at LIU Post last summer, he served as dean at three institutions, the most recent being the academic dean of arts and sciences at Southern Connecticut State University (SCSU). In the article "Meet New Communications and Liberal Arts Deans" in Sept.13, 2017 issue of The Pioneer, Breese said that in his five years at SCSU, he oversaw 250 full time faculty and 350 adjunct professors.

The appointment to the Dean position was a "very long" and "not so easy" process, according to Breese. He was vetted by a search consultant firm in Boston that conducted a national search for the right fit for the campus. There were many applicants for the dean position. Breese did a lot of research and preparation before his interview with the firm. Once the search was narrowed down, a search committee of LIU Post faculty and administrators ultimately chose him out of three other finalists.

Breese replaced Noel Zahler, who was dean from August 2011 to August 2016. Professor Christine Kerr, the director of the art therapy program, acted as CACD's interim dean during the 2016-2017 academic year until Breese was appointed.

Breese has enjoyed his first semester at Post. "I like the staff and faculty; they have been very supportive," he said "The staff of the College of Arts, Communications & Design are highly creative artists and researchers, and are ready for a change," he said.

CACD will undergo a few changes in the near future. Breese will be

bringing the world of virtual reality and a new undergraduate communications major to the college, among other things. He is excited to help the departments in the college grow. "Dean Breese helped us to establish a sound recording contract, which allows us to archive and feature on our website LIU Post performing ensemble recordings," Miceli said. "Together with Dean Breese, the Department of Music anticipates installation of new computer and keyboard labs as well as a state-of-the-art recording studio," she continued.

"Dean Breese has asked us to develop new programs in digital arts & design, music and communications and film for next fall," Barbara Fowles, the chairperson of the department of communications and film, said. "We will be launching a new degree program in general communications, which is a major step," she continued. The faculty within the department submitted a draft to Breese, but Fowles said the degree of faculty involvement from that point forward is very different from past practices. "We are hoping a good program will result and bring in some new students for the department. He is very enthusiastic about various faculty projects and tries to support them," she said.



History Professor's Oral History Sabbatical Project

Continued from page 2

people had to stop watching TV. It forced people to talk and to have family conversations again. That was before even cell phones and iPads and computers, so we're even more isolated in many ways today. And so in this case, the blackouts brought people together. In another sense, it also brought people together because this was a common experience based on technology that everybody, whether you were in a poorer section or a wealthier section, experienced."

Although he is back on campus for the spring semester, Hiatt is still working on the project. "I have a conference in Belfast in April where I will be presenting the first findings of this project. I'm not completely finished with all the interviews, so I will return to Peru in June and July to continue," he said. In addition, Hiatt intends to turn his oral histories into a book.

This semester, Hiatt is teaching HIS 304: World History, 1750-Present (Honors), HIS 190: Globalization and Latin American Film, and HIS 599: Latin American Intellectuals.

Jeanie Attie, chair of the history department, has found Hiatt's ef-

forts to be of educational value to students. "Professor Hiatt's research on Peruvian history and his use of a wide variety of sources (including interviews, films, fiction) have provided his students with unique understandings about how ordinary citizens experience historical change and how past events shape the present," she said. She added that Hiatt "has always been committed to teaching his students how history is done and I am sure they will be intrigued to learn more about oral histories."

"This is an ongoing project," Hiatt said. "Although I completed most of the research during my sabbatical, I will continue different aspects of the project for years to come."

No Child Left Behind: College Tutors and Mentors Support Ambitious Youth



JADA BUTLER

Diontae Alleyne, a senior broadcasting major.

JACQUELINE ESCOBAR

STAFF WRITER

Over the years, certain school districts have failed to implement quality support that students need in order to excel in academics and be prepared for college. Until elected officials support programs that aid high school students in enriching their knowledge in various academic fields, many young adults provide tutoring and counseling that help prepare students who plan on moving forward in their academic paths.

Kayla Flores, a 2015 graduate of Hempstead High School, is now a junior at Hofstra University, after transferring from Nassau Community College. Flores, whose family is from El Salvador, is a Sillcox scholarship recipient. She returns to Hempstead High School to contribute to the students as a GEAR (Gaining Early Awareness and Readiness) up tutor. Because mathematics is her strongest subject, she is an integrated algebra and algebra core tutor. She has provided assistance to children who are in need of help when they don't understand material in the classroom. "When I worked for seventh graders, I was just tutoring one particular student. When I worked for 8th graders, I walked around to see who needed assistance. When I worked for 9th graders, I assisted as a teacher assistant," Flores said.

She says the GEAR up program not only assists students with specific subjects, but also provides students insight into the college environment. "Besides tutoring, GEAR provides trips to colleges to see how it is to attend college, to understand different degrees, how many years a degree equals to and the expenses of college," she said.

Flores gives props to teachers in the district who work extra hours for students who don't understand the class material. She knows the work and stress it can entail to be an educator of many students. She gives up her lunch break during work to tutor students at Hempstead High School.

"Even when I was on lunch break and even if I was too tired to do it, teaching students tends to happen every moment. I'm not going to discard the student; I am someone that the students can rely on and I

don't want to break that trust," Flores said. She regrets that the GEAR Up program has not received more recognition.

Attending Nassau Community College and transferring to Hofstra has taught Flores how to be a better student and to be proactive with her academics. In addition to tutoring, she gives back to the students in Hempstead by participating in the Sillcox Alumni panel, an event that allows her to share her college experiences with future Sillcox corhorts. "Don't be afraid to put yourself out there; don't be afraid of not knowing," Flores advises high school students who may not be confident in their academic pursuits.

Although a program like GEAR up benefits high school students, it is not only high school students who benefit from peer tutoring.

Diontae Joshua Alleyne, a graduate of Fort Hamilton High School in Bay Ridge, Brooklyn, is a senior broadcasting major at LIU Post. Alleyne is from East Flatbush, Brooklyn with a Guyana and Jamaican background. He is in the HEOP (High Education Opportunity Program) at Post.

Although he has experienced life as a HEOP student, he became a tutor himself to give back to students. Alleyne has duties similar to a teacher and a mentor. As a HEOP tutor, he "had to make sure the students were on time to class, making sure they did their homework, and answer any type of questions that they were confused about," he said.

During the summer, freshman entering HEOP undergo an intensive five weeks of college preparation work. Alleyne participated in the college preparation program, both as a student and as a tutor. "I enjoyed the five weeks mainly for the students. I shared a personal relationship with each and every one of those guys during the summer, so it was definitely bigger than just the money," he said.

The HEOP program has helped Alleyne become a better student himself, academically. He said that being involved in the program has shaped his whole perspective on how serious school should be taken. "The one thing I would say that changed me as a person would be my freshman year. I was failing almost every class and on the verge of being academically suspended. William Clyde, who runs the HEOP program, pulls me into his office and talked (wasn't a good one) but after that conversation with him, I had two options, either continue to go down the bad path I was going to or I could take Mr. Clyde's advice and finish out my three years strong," he said.

Continued on page 11



COURTSEY OF KAYLA FLORE

Kayla Flores, a junior at Hofstra University.



The CEO Under 30: Degreed or Not Degreed?



CEO of Billboard Bound Boutique, Jade Futch

COURTESY OF JADE FUTCH

DESTINY DIGGS

STAFF WRITER

A young generation often given grief for being lazy, overindulgent in its love of iPhones and social media, and dedication to pop culture is often also crowned as being motivated risk takers. Entrepreneurs under the age of 30 start businesses faster than the baby boom generation, according to a 2016 BNP Paribas Global Entrepreneur Report. Many young CEOs starting businesses in their 20's are not afraid to dive into a sea of sharks. Success stories like that of Mark Zuckerberg, CEO of Facebook, and Bill Gates, former CEO of the Microsoft Corporation, give support to the argument that a college degree may not be required to have a thriving business. However, having a degree does have a lot to do with the success of a startup business.

In the United States, the average college graduate is between 25 to 34 years old. Thirty six percent of those living in metropolitan areas are college graduates compared to 51 percent of rural residents who have no college degrees.

Tracy Walker, 27 year old CEO of Lash Diggs, LLC., who lives in the suburbs of South Jersey, attended college but did not complete all of the courses to graduate. "I was attending school to finish a BA in Science for computer science. Like many other students, I ran out of funding and could not afford to finish my senior year," Walker said. When Walker decided that beauty was more than a pastime and was her passion, she pursued a cosmetology license. "Prior to secondary education I received my cosmetology license in 2009 and I have been able to use it to create

my business," Walker said.

Walker is a full-time entrepreneur and mother who uses her time to market Lash Diggs, LLC., in a way that is compelling to 25 to 35 year olds. With the help of social media and her company website, www.lash-diggs.com,Walker serves over 50 lash clients from both lash extensions and strip lashes. "We pride ourselves on a chic, classy aesthetic. Our mission is to give women a level of confidence that will allow our clients to attack their goals head on. When you look and feel better you often do better," Walker said.

Walker uses social media for her company, but also makes house calls and has loyal clients who visit her home for lash extension services beginning at \$125. "I just stay true to myself and to my brand. As a result, my company has prospered," Walker said. Lash Diggs, LLC., has been in operation since May 6, 2017 and will soon be available for sale on Amazon. "My plan for longevity is to keep going. I write down my goals every morning and night and I check them off if accomplished. If I continue to stay grounded in my faith and remain positive while on this journey I will be successful and resilient against time," Walker said.

Licensed traveling massage therapist Sharee McFadden started her business, Anointed Touch, at the age of 27. Located in Woodbury, New Jersey, she serves the Delaware Valley with the techniques of hot stone prenatal, therapeutic, swedish, deep tissue, scrub, and reflexology. "As a young girl I always massaged my grandmother and she told me that I was effective in the area of massaging. As I got older I found massaging was my passion and made a career out of it," McFadden said. McFadden attended a specialized trade school, Harris School of Business, but did not graduate from college. "At school I was taught how to make my career into a business but I am figuring things out as I go," McFadden said. "I have a 3 year old to take care of and I work retail and am a hairstylist. I was also recently hired at Hand and Stone Massage and Facial Spa," McFadden said. McFadden administers massages starting at \$40, making an estimate of \$125 a day. On Facebook and Instagram, she posts flyers with sales information for her committed and potential customers. "My goal is to one day have my own therapeutic spa called, Anointed Touch," McFadden said. The new CEO has been in business for six months and clientele continuously grows each month.

Billboard Bound, LLC., a women's boutique, can be found on 4924 Westfield Avenue in Pennsauken, New Jersey. Jade Futch, owner of Billboard Bound, found the location by happenstance. "I was riding down the street and saw a for rent sign. I called the owner and she gave it to me. It's the perfect location due to the surrounding businesses there is a lot of foot traffic," Futch said.

Futch started the business at the age of 22 in July 2014. After attending several semesters at Temple University, she decided school was no longer something she wanted to pursue. "I'm a college drop out. I was very good at school but decided it wasn't for me. The funny thing is I'm doing everything I wanted to do since I graduated high school," Futch said. The boutique owner not only spends time making women feel like the best versions of themselves, but also splits her time working at Camden county police department.

Billboard Bound allows women ages 18 to 35 years old to "dress like they are already famous." Futch sells everything wholesale, from clothing, accessories, to hair extensions. "Billboard Bound is not only a clothing store but a one stop shop. We have a makeup and lash studio on site and sell virgin hair extensions," Futch said.

Opening a boutique was natural for Futch because of her love for fashion as well as her love for helping people find the right outfit for every occasion. "It comes easy to me. I love to shop and help others get ready for their special events, now I get to do it for a living," Futch said

The CEO plans to open a makeup and lash studio in a separate location called, Billboard Bound Beauty Bar.

Tanesha Hamilton, owner of Unforgettable Creations Catering and Neats Sweet Treats, lives in Lexington, North Carolina. She graduated from North Carolina State University with B.A. in Communications and a focus in Public and Interpersonal Communication. Hamilton also has an A.A.S. in Culinary Arts from Johnson and Wales University. She puts both degrees to work as a high foods and nutrition teacher as well as a part-time chef.

Hamilton turned her love of cooking into a business in October 2009 at the age of 23 years old, two months prior to her graduating from North Carolina State University. "My pastor challenged us to start something we enjoy doing but never saw ourselves making something out of it. It was then that I began to position myself upon college graduation to pursue a culinary degree," Hamilton said. The chef explained that she always knew how to cook but it wasn't until her senior year at North Carolina State University that she learned it was her passion. Upon graduating, Hamilton discovered her desire to bake. "I said throughout culinary school that I hated baking until someone asked me to bake a dessert; the rest is history," Hamilton said.

Originally from a small town in Davidson County, North Carolina, Hamilton services the surrounding cities including Greensboro, Charlotte, and Winston-Salem. "I do not have a brick and mortar yet but I am able to bake out of my home. I rent a commercial kitchen for larger events," Hamilton said. Unforgettable Creations Catering and Neats Sweet Treats is marketed at local events with vendors in North Carolina. Hamilton also takes food samples to businesses and passes out her food at her town's mall along with business cards. "I'm currently a foods and nutrition teacher at a high school, so I make food for the office staff and other teachers and they pay me on holidays and special occasions to make their treats," Hamilton said. She promotes her business mostly on the social media sites; Facebook and Instagram and posts flyers with business specials.

Even though Hamilton enjoys teaching, her ultimate goal is to cater and to bake full-time. "The kids love me, I like to give back and try to encourage them. I teach at a low performing low budget school. I love to inspire my students and have had two students from my first year go to culinary school," Hamilton said. She also teaches cooking classes at Williams Sonoma, a kitchen supply store in the malls of Winston Salem, Charlotte, and Greensboro, North Carolina.

LeJuan Samuel, CEO and Founder of Roc Da Block Entertainment, LLC. was the tender age of 17 years old when he founded the record company, but he officially started the business at 18 after receiving his fictitious business name. "I knew it was worth starting because I saw multi-million production deals happening before my eyes," Samuel said.

"Coming from a home with a mother who is an educator, I did not have the option to fail," Samuel said. In 1999, Samuel attended the University of Houston, where he studied Audio Engineering Programming and received his full Audio Production Certification. Samuel resides in the rural region of Woodlands, Texas.

Roc Da Block Entertainment is a production company that not only concentrates on music production but makes artist development. "I knew music was my passion because I thought of it every second of the day, it consumed my thoughts and my finances. I followed every magazine on music and read as many books as possible," Samuel said. The record producer has worked with artists such as Vincent Herbert, Brandy, Scarface, Jodeci, Kim Burrell, John P. Kee, and Zacardi Cortez.

The record label owner strongly believes that the music business is in a great state, especially for producers. "Budgets are not the same as they use to be, however, a lot of labels and artists do not use their budgets properly," Samuel said. He also thinks it is easier to establish a career due to easy internet access. "An artist does not really need a label to release material due to streaming services and online retail stores. This is definitely the era of the independent artist," Samuel said. On the other hand, the majority of large record sales come from major labels. "It is

always a good time to be in the music business if that's the career you desire and are willing to work extremely hard to achieve your dreams and goals. If you plan on being in this business, you must do it for the love of music while having an abundance of knowledge to be successful," Samuel said.

Financial expert Jamie Williams has nearly 20 years of experience and has worked for some of the nation's largest financial institutions, including Merrill Lynch, J.P. Morgan, Lehman Brothers, and Deutsche Bank. Williams obtained his FINRA 7, 24, 63 licenses and has a Bachelor's Degree from Temple University.

According to Williams, small businesses are good for the economy and account for the majority of new jobs. "While companies listed on the Dow Jones and S&P 500 indices tend to be the most popular indicators of how well the economy is doing, small business success, I believe, are the true authentic economic barometer," Williams said.

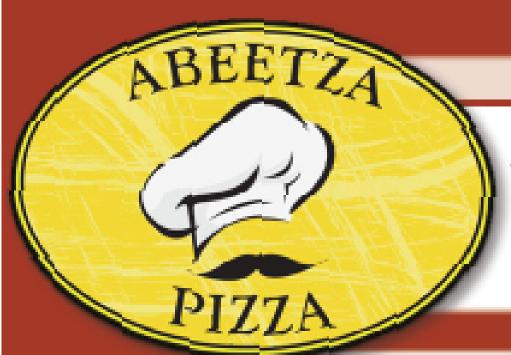
The finance guru supports individuals under 30 years old who start their own businesses, especially college students. "It's one thing to sit through lectures, read books, write papers, take exams, graduate, and land a job with a company, but it's been my experience that leaders and innovators generally are unfulfilled with the aforementioned path." In 2018, you can "start a business with a computer and a great idea," Williams said.

To start a successful business, you need a business model and a plan with capital to sustain the business during the infancy period. "Keep in mind that you don't know everything; find a mentor. A qualified mentor can minimize exposure to the inevitable pitfalls of business," Williams said. He also argues that to maintain a business, a CEO must be flexible and must be open to altering the business model. "Be in tune with your consumer, understand their needs and above all make sure the product is meeting their needs. Know what you do well and identify your competitive advance," Williams said.

A degree is not required to start a business. However, a degree does not hurt. A solid education can give a business owner the tools needed to have a long lasting, successful company, Williams said. "A good education can be the foundation and provide the building blocks and tools you need to be successful," Williams said. Age does not determine success; maturity and experience do.

There is no denying it; many millennials today are taking a chance and opening both online and physical businesses.





A.N.D. ABEETZA NEXT DOOR

Authentic Italian Restaurant & Pizzeria

10% DISCOUNT with Post ID

Eatin or take out only

TAKE - OUT CATERING DELIVERY

82-08 Glen Cove Road - Greenvale www.abeetza.com (516) 484-3123













Maleek King, a freshman at Nassau Community College.

Continued from page 6

Alleyne believes more tutoring and support programs should be implemented on campuses. Alleyne credits the program for leading him to this, his last semester of his senior year. "I strongly believe we should have this type of help in our communities. Where I live, there's so many ethnicities with talent and most can't go to college because it's not affordable for them," he said.

The HEOP program has motivated him to pursue his passion and to earn better grades during his time in college.

Mia Vetri, a 2014 graduate of St. Catharine's Academy in the Bronx, will graduate from LIU Post in 2019 with her undergraduate and master's in criminal justice and minor in forensic psychology. She has an Italian and Puerto Rican background. She grew up in the Bronx with her mother, father, and older sister. Vetri received sports awards throughout high school due to her dedication on the girls' soccer varsity team. In the beginning of high school, Vetri did not have any interest in academics. Becoming college ready and a tutor counselor for HEOP (Higher Education Opportunity Program) students at Long Island University helped strengthen her reading and writing skills. "Everything the students were taught, I was taught too," she said.

She said the HEOP program gives students a second chance to redeem themselves academically for their future and believes that this kind of peer counseling and tutoring assistance should be offered, not just in college but for high school students as well.

"To me, the HEOP program is a second chance for students who didn't excel in high school. It's a program where incoming freshman can get that help they most likely did not receive while in high school," Vetri said.

As a tutor HEOP counselor, Vetri mentors other students in the program. "I would give extra help to students who needed it, even if it exceeded the initial tutoring hours," she said.

Vetri enjoyed her experience as a HEOP tutor for its ability to change a student's academic viewpoint and their choices outside the classroom. She loved how she was capable of building a connection with each student. "I related to the students due to the fact that I wasn't a very good student in high school. I didn't want my students to make the same mistakes that I did," Vetri said.

Maleek King, a 2017 graduate of Hempstead High School, is a freshman at Nassau Community College. He is a US citizen with a Jamaican and African-American background. King has given back to his community by volunteering at the Hempstead Public Library and giving out food to those attending Agepe ministries. King is a Sillcox recipient and has received a mathematics scholarship from Hempstead High School. He has a desire to become a math teacher for New York State public school

system. King decided to work as a GEAR (Gaining Early Awareness and Readiness) tutor at his college. This program ensures that students will gain an early access to the college process and academic support from adolescence to adulthood.

"Some students are unaware of the process of registering, applying to school, and the amount of years it takes to retrieve a certain college degree," he said.

With a passion for mathematics, King tutors for students who are in need of help in Algebra One and Two. Aside from providing math assistance, King is also a mentor to these students when he is off the clock. "I don't see this as a job. Although I want to be a teacher, having the ability to mentor someone one on one and relate to them with similar life experiences is crucial, especially in the Hempstead School District today," King said.

"When I attended Hempstead High School, I noticed that there was only one teacher that gave class instruction instead of it being a teacher, teacher assistant, and a tutor in a class. Most of the time, I would see only one teacher trying to help a lot of students all at once," King said.

Tutors, like King, rescue teachers who can't give undivided attention to just one student, especially when the lesson is hard to understand. If the GEAR up program was developed earlier, King believes that his grades in the beginning of high school would have improved.

"Having the opportunity to work for GEAR up establishes my foundation for teaching and I am certain to become a mathematics educator in New York State. My overall experience of transitioning from high school to college and becoming a mentor to my students was necessary because in our community, having a connection with our students is beneficial and crucial for our success rate to flourish," King said.

Flores, Alleyne, Vetri, and King are just some of the college students who are giving back to their communities by tutoring and mentoring other students. So, will our children continue to be left behind? As one culturally diverse community, supporting programs like GEAR up and HEOP enable us to put political issues aside and place children's needs and development first.



Music Department's Spring Plans



ASHLEY BOWDEN

ASHLEY BOWDEN ARTS & ENTERTAINMENT EDITOR

The department of music provides multitudes of opportunities for students to hone their skills playing a wide variety of instruments, as well as many networking possibilities with professionals in the industry. Visiting artists including the Shanghai String Quartet and Berta Rojas will hold convocations for students during the spring 2018 semester, and there are other events and showcases lined up for students, faculty, and other attendees outside of the department. "It's a busy semester, and aside from our usual ensemble concerts, there are a lot of junior and senior recitals, faculty recitals and three festivals," Lisa Meyer, production and recruitment coordinator, said. Most concerts are free to attend with a valid Post student ID.

Each semester students and faculty strive to expose audiences to as many eras and styles of music as possible. "There's such a variety of music from contemporary to jazz and classical, so [students will] get a really good understanding of the different time periods and genres of music," Meyer said. She hopes those who attend the department's concerts and convocations will hear something new and want to hear more of it. One opportunity for this is a convocation held by Veronica Nguyen, senior music major, called "A Taste of Vietnamese Music: Building Bridges through Cultural Understanding" on Feb. 12 at 12:30 p.m. in the Hillwood Recital Hall. "She presented her [honors] thesis last semester,

and our chair was so impressed that she asked if she would present it again at a convocation," Meyer said. "Just the level of her caliber of performance and presentation is so outstanding that she wanted the other music majors to see what they should strive for." Nguyen will perform as well as present a video presentation.

Another chance to for students to possibly hear music from abroad is at the faculty recital presented by the Feigin Duo. They specialize in violin and piano music and are originally from Russia. Music professor Eugene Feigin will perform with his sister Tatiana Feigin on Feb. 6 at 8:15 p.m. More faculty recitals include Victoria Schwartzman, pianist, on Jan. 26 at 5 p.m., and David Holzman, pianist, on Feb. 13 at 8:15 p.m. These performances will take place in the Great Hall and have free admission.

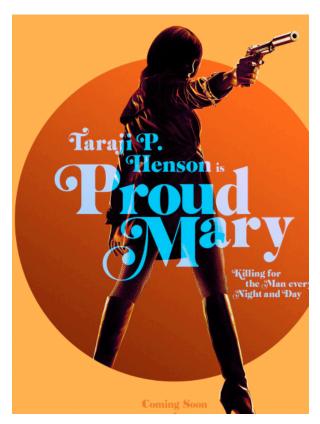
There are several festivals lined up for the season, including the Tilles Choral Festival Concert on March 28 at 7:30 p.m. and the LIU Post Band Festival Concert on April 13 at 8 p.m. These concerts will be held at the Tilles Center, visit www.tillescenter.org for ticket prices, discounted student tickets are available.

The Long Island Guitar Festival will run April 9-15. This year marks the Guitar Festival's 26th anniversary. "Some of the world's greatest artists are coming to the festival," Harris Becker, director of guitar studies, said. He has worked with director John Mesh to set up concerts and coordinate scheduling for the five-day event. "I try to keep a certain vision of the festival which has to do with high level performance," he said, "And I've been fortunate to get all these guitarists to play." Attending artists include Berta Rojas, The Newman and Oltman Guitar Duo and Simon Powis. The festival will consist of various concerts, workshops and master classes. "I hope it [teaches] people the versatility of an instrument; the guitar is used in so many different styles in different countries," Becker said. Many of the duo performances will be held in the intimate chamber setting of the Great Hall, allowing audiences to hear the nuances of the guitar's various genres of sound. The guitar has incredible versatility, and it enhances the way people can communicate through their onset of expression, according to Becker. Visit www.liu.edu/gfest for further details.

All Post students are welcome to attend these events as well as those in the department's convocation series that takes place during common hour in the Hillwood Recital Hall. Solo student performances will be held on March 6 and 26. "It's always a different variety of music, so if people are done with their lunch they can come and enjoy a concert," Meyer said.

FOR MORE NEWS, VISIT US AT: www.liupostpioneer.com

Movie Review: Proud Mary



QUEDUS BABALOLA STAFF WRITER

Taraji P. Henson, popularly known for her roles as Cookie Lyon in the hit tv show, "Empire" on FOX and Yvette in the movie "Baby Boy" is now Mary Goodwin in the Sony film, "Proud Mary," currently playing in all movie theaters. Controversy surrounded the release of the film as SONY's promotion seemed lackluster. Despite mixed opinions, Henson hyped up the film on her social media

accounts. Some audiences were not even aware of the movie until just before its release. "I'm pretty sure this movie isn't going to resonate well with a lot of people, or it won't do the numbers [SONY] thought the movie would do when they made Taraji the lead actress," Taiquasha Williams, a senior criminal justice major, said. "I can't turn on my tv and see a black woman as the lead person everyday, so SONY knew what they were doing when they casted her." Henson's lead role in Empire also attributes to her success, according to Williams. "I only watched the movie because I started seeing commercials two days ago and realized Taraji is in the movie," she said.

The film takes place in Boston, where Mary is a professional assassin and is one of the most renowned hitmen in town. She works with Tom (Billy Brown), and together they kill individuals whose lives have been paid for by high class gangs. While on a mission, she realized that one of her victims left behind a 10-year-old son, Danny, and chose to spare his life. She ends up "raising" Danny for a while, and when he gets hurt, she fully adopts him as her own. From that moment on, it is the two of them against the world.

Finding the people who hurt Danny, and annihilating them became her next and final mission. It would get her out of her undesirable lifestyle, and she was determined to escape alive with Danny. Mary wanted a new environment, so she distanced herself from Tom and made the clear choice to abandon her hitman job forever. Danny coming into her life brought out her maternal skills and

her human feelings.

"They could have scrapped the whole movie honestly, it was basically an audition tape for Taraji to get future roles in action movies," June Carter, a junior fine arts major, said.

The movie overall is very underwhelming and a bit confusing. Besides the obvious plot and all the action going on, the movie doesn't have much to offer viewers. Henson was the highlight of the movie as a black actor in the lead role. She was able to show why she deserved to be cast in the film, but at the same time, the movie lacked a straightforward and interesting plot. The controversy that surrounded the release of the movie did not help the film's opening weekend success because the movie came in eighth place on Billboard and failed to reach the estimated gross income of \$20 million during the first weekend.

Numbers aside, Henson has been able to open doors for more black women to be cast in action movies. Gabrielle Union will play the lead actor role in the upcoming action thriller movie, "Breaking In," which will be released in theaters on Mother's Day.

"I'm proud of Taraji and everything she has been able to accomplish. I can't wait to see what else she has to offer this year with her career," Motunrayo Olusa, a senior business administration major, said. "I'm not a huge fan of this movie, but I know she will deliver and if not her, she's been able to inspire a whole new group of black women to go and do roles that they aren't regularly seen in."

ADVERTISEMENT



Bowling Returns to Action With Success at WCC Invitational

MICHAEL DOMAGALA

ASSISTANT SPORTS EDITOR

The bowling team returned to the lanes for the first time since Dec. 1 at the Westchester Community College Invitational at Farmingdale Lanes in Farmingdale, New York on Jan. 21. Bowling, both a fall and spring sport, faced off against a number of teams including Molloy College, Suffolk Community College, St. Thomas Aquinas, and Westchester Community College in the invitational.

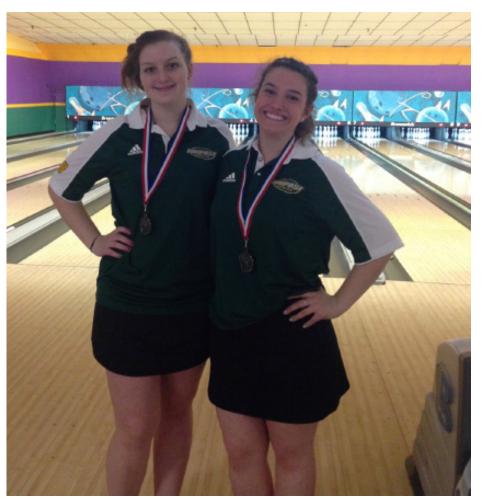
Junior biology major Sarah Busse led the Pioneers with a six-game total of 1,080, including a high game of 235 for a 180 average on the day. Freshmen business administration major Patricia Kelly and freshman nursing major Emily Cavanaugh added six-game totals of 1,067 and 1,053 of their own. Freshman clinical lab science major Pamela Penso added a high game of 183, while sophomore special education major Alexis Kosakavich had a high game of 162.

Kelly and Cavanaugh captured second place in the doubles competition, compiling a three-game total of 1,088, while Busse and Kosakavich finished fifth with a total of 1,006.

Busse and Kelly's success earned the two bowlers a spot on the all-tournament team for the day.

"I definitely think we could have done better," Kelly said. "We came in second for the day but could have came in first if we picked up a few more spares. Something the team can improve on is our spares — having a good spare game is crucial in our sport, and it is spares that separate the great bowlers from the weak bowlers."

The bowling team next travels to Altoona, PA on Friday, Jan. 26 to participate in the Red Flash Invitational.



Team members, Emily Cavagnaugh and Patricia Kelly

PATRICIA KELLY

ADVERTISEMENT



General Membership Meeting

Tuesday,February 6

12:30

Humanities 116
Lunch will be served!

NEW MEMBERS WELCOME!!

Membership is open to all LIU Post Students!

No experience necessary!

Host your own program!

MUSIC - TALK - SPORTS - NEWS

or work behind the scenes in

PUBLIC RELATIONS - PROMOTIONS - SALES - ENGINEERING



Catching up with Coach Gaffney: High Hopes for Baseball Season



Head baseball coach, Michael Gaffney.

MYLES GOLDMAN SPORTS EDITOR

After a successful season last year for LIU Post's baseball team, with a record of 32-20 and for the first time having a player drafted professionally for Post's baseball team since 1994, Head Coach Michael Gaffney has high expectations for the team this season, despite the graduation of some of the team's big guns. Although last year's roster was more experienced, Coach Gaffney said that there is a lot of talent on this year's roster, which will make the upcoming season "very interesting."

The Pioneers will no longer have Dan Jagiello as their closer. Jagiello was drafted by the Los Angeles Dodgers in the 34th round of the 2017 MLB Draft. Jack DeCarli, who was the starting pitcher for most of his career on the baseball team with a record of 10-3 last season, has also graduated. Gaffney compared DeCarli's pitching style to Chicago Cubs starting pitcher Kyle Hendricks because Hendricks doesn't overpower hitters with his fastball velocity, [but he just had command on other pitches like his slider, which is a pitch that curves diagonally when thrown but with more velocity than a curveball which curves downward.

Even though those two players are gone, Gaffney is still more than confident that this year's team will succeed because they have new talent and veterans with experience winning after a dominant season last year.

This year's lineup is well rounded; usually the hitters in the lineup who bat after the 6th hitter aren't as productive offensively, but for this lineup, their hitters at the bottom end of the batting order still pose a threat because of their speed. Gaffney said they will do something as risky as a bunt but will still get on base for an infield hit.

While Gaffney emphasized offense, he is still able to keep his players sharp defensively. Even though the stats say otherwise, accumulating 65 errors last season, it's because The Pioneer's home field is grass, so the ball will skip more, while most teams now have incorporated turf fields which makes fielding easier because turf is essentially just carpet.

Looking at last year's record, The Pioneers were very streaky, meaning they won around five games straight, lost a couple but bounced back and dominated. Gaffney described that as "peaks and valleys." This season, he wants to extend the peaks and limit the valleys. There was a stretch when the team lost 8 of 12 games, but they were able to come back from that drought together as a team.

Gaffney expects nothing less than the team he coached last year, which means you, can expect a great season again for The Pioneers. Practice began last week and their first game will be Feburary 16 at Limestone College and their first home game is on March 19 against Adelphi.

Men's Indoor Track and Field has Strong Outing

MICHAEL DOMAGALA

ASSISTANT SPORTS EDITOR

The Men's indoor track and field team had a strong performance behind senior health science major Stefan Adams' first place 400-meter dash finish at the 36th Yale Intercollegiate Track Classic at the Coxe Cage on Jan. 13.

Adams, of Jamaica, New York, finished with a time of 49.53 seconds in the 400-meter to earn the win while adding a second-place finish with a 22.24 second time in the 200-meter dash. Freshman undecided student Jaelin Hood, of Freeport, participated in the same events, placing third in the 200-meter at 22.87 seconds and fourth in

the 400-meter with a 51.26 second finish. Freshman undecided student Jahmel Johnson, of Haverstraw, took fifth place in the 60-meter dash at 7.08 seconds.

Junior Angelo Fradelakis, of Patchogue and sophomore forensic science major Twary McKenzie, of Huntington, led the Pioneer field athletes with two top-five finishes. Fradelakis earned third place in the weight throw with a 12.68-meter toss, while McKenzie came in fifth in the triple jump with a distance of 12.53 meters.

"The 400-meter is my main event, so it felt pretty routine as far as the win and time ran," said Adams. "As far as the 200-meter, [there] is always room to improve."

Women's Swimming Returns

MYLES GOLDMAN

SPORTS EDITOR

The women's swim team got back in the pool to compete for the first time since before the winter break on Jan. 11 against a Siena College. Statically, Post is the better team record wise with a record of 3-1 while Siena College's was 2-3, so, how would that affect their performance?

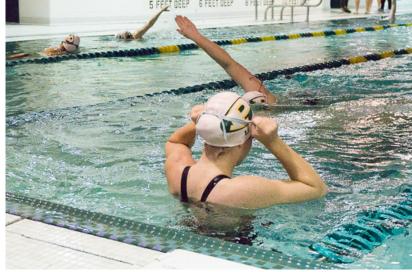
Team member Elizabeth Law, a sophomore physics and math major from Chester Springs, PA, was surprised by her performance in the meet. "I did a lot better than I expected," she said. Law achieved her best times in the 200 freestyle with a time of 2:01.41 and finishing the 100-yard butterfly in 1:00.85. "On paper, it may seem like an easy win but that does not mean it's going to be one in reality. We still have to put our full effort into the race," Law said.

Jessica Argelander, a sophomore childhood education major from La Verne, California, has been a member of the swim team for two years said, "The break was much needed and I think we all came back feeling better and more energized," she said. Argelander swam the 50 freestyle in 25.94, the 100 freestyle in 56.20 and the last leg of the 200 medley in 25.02 relay. Argelander felt more confident during going into the meet, "We could focus on just having fun and swimming fast. We swim faster and better when we're having fun, plus it was our home pool" she said.

So, The Pioneers were more than ready to get back in the pool, even after a short break. The Pioneers beat Siena College, 123-79, moving their record to 4-1.



Allison Schillick, a freshmasn forensics science major. MYLES GOLDMAN



MYLES GOLDMAN

Elizabeth Law sophomore physics and math major.

Upcoming Schedule

Friday, Jan.26

Wrestling at Kutztown
Duals
Wrestling at USC Wildcat
Open

Jan. 26-Jan 28

Women's Bowling at Red Flash Invitational Loretto, Pa

Saturday, Jan. 27 Women's Basketball at NYIT 1 P.M. Old Westbury, NY

Saturday, Jan. 27 Men's Basketball at NYIT 3:30pm Old Westbury, NY

Saturday, Jan. 27 Women's Swimming at Kutztown University 1 P.M. Kutztown, PA

Results

Men's Basketball

Saturday, Jan. 20 At Saint Thomas Aquinas College, Sparkill, NY Loss 93-103

Track and Field Men's & Women's

Friday, Jan. 19 At The Armory, New York, NY Three wins at Ramapo College Season Opener

Wrestling

Sunday, Jan. 21 Brookvile, NY Pratt Recreational Center Win 38-6

Women's Basketball

Saturday, Jan. 20 At Saint Thomas Aquinas College, Sparkill, NY Win 79-68

Women's Bowling

Sunday, Jan. 21
At Westchester
Community College
Invitational
Farmingdale, NY
2nd place

Women's Swimming

Saturday, Jan. Vs Assumption College Pratt Recreational Center Win 163-99